

Organization: Leadership CONNECTIONS, Inc**County:** Guilford**Address:** 1400 Battleground Ave., Ste. 202-B
Greensboro, N.C. 27408**Phone:** 336-790-8247**Website:** <http://www.leadershipconnectionsnc.org/>**Project:** Event/ Teen Health Forum**Additional counties served:** Halifax and Person*****Below are excerpts from their final report*****

About the Project: Leadership CONNECTIONS Inc., in partnership with the Old North State Medical Society, local Councils and Commissions for Women, the Leadership CONNECTIONS GEM Nursing Project, the Leadership CONNECTIONS Young Women's Advisory Team, schools and Juvenile Court counselors hosted the one-day, "Health and Wellness Training Series" for young women ages 14 to 17. The grant was used to prepare, promote, execute, and support a Girls Health Conference for 100 participants entitled, "Our Bodies, Ourselves: Health by Choice, Not Chance." Scholarships supported this endeavor that has now evolved into an overwhelmingly positive rippling effect. One-day follow up events have been requested and scheduled for three of the counties initially involved (and also for Person County). The girls targeted to attend were recruited through Juvenile Court counselors, Foster Parent Associations, community and school programs, and by contacting school counselors and DSS. A total of 100 \$25.00 scholarships were and are to be distributed.

Successes: The creative activities used by all trainers, workshop leaders, and the keynote speaker have resulted in all the objectives being met and exceeded. The additional trainings requested will be implemented in the same manner for consistency and continuity to emulate the successes realized in Greensboro.

The Leadership CONNECTIONS alumnae and members of the Young Women's Advisory Team were able to share their personal stories in such a manner that they dovetailed the presentations and brought real life situations into the discussion. The impact on and response from participants was extremely encouraging.

